

Infant Formula – Request Form for Health Visitors

All fields must be completed – incomplete forms will be returned to the Health Visitor

| Child Details | | Surgery details | |
|---------------|--|-----------------|--|
| Name | | Surgery Name | |
| DOB | | Phone | |
| Address | | Fax | |
| NHS nber | | email | |

| Health Visitors details | | | |
|-------------------------|--|----------------|--|
| Name | | Contact number | |
| Date | | Base | |

Assessment (NICE recommendation CG116)

| | |
|--|-------------------------------------|
| Allergy-Focused Clinical History Completed & attached | <input type="checkbox"/> Yes |
|--|-------------------------------------|

Treatment / Advice

Refer to the [Infant Formula Guidelines](#) for more detailed information on / help with conditions

| Gastro-oesophageal Reflux (GOR) – Thickened Formulas | | |
|--|---|-------------------------|
| <i>Advise parent to purchase OTC</i> | <i>Aptamil Anti-reflux®</i> | <i>DO NOT PRESCRIBE</i> |
| | <i>Cow & Gate Anti-reflux®</i> | <i>DO NOT PRESCRIBE</i> |
| | <i>Carobel Instant® to add to usual formula</i> | |

| Secondary Lactose intolerance (Primary lactose intolerance is rare) up to 8 weeks | | |
|---|------------------------------|-------------------------|
| Formula-fed / Mixed | | |
| <i>Advise parent to purchase OTC</i> | <i>SMA LF®</i> | <i>DO NOT PRESCRIBE</i> |
| | <i>Aptamil Lactose-Free®</i> | <i>DO NOT PRESCRIBE</i> |
| | <i>Enfamil O-Lac®</i> | <i>DO NOT PRESCRIBE</i> |

For breastfed infants only who have severe symptoms for 2 weeks or more (very rare)

| Product | Pack Size | Cost per 100Kcal* | Tick | Qty* |
|----------------|-----------|-------------------|--------------------------|------|
| SMA LF® | 400g tin | £0.43 | <input type="checkbox"/> | |
| Enfamil O-Lac® | 450g tin | £0.47 | <input type="checkbox"/> | |

| Cows Milk Protein Allergy – Mild-Moderate (Extensively Hydrolysed Formulae (EHF)) | | | | | |
|---|---------------------------|-----------------|-------------------|--------------------------|------|
| Key | Product | Pack Size | Cost per 100Kcal* | Tick | Qty* |
| 1st Line | Similac Alimentum® | 400g tin | £0.43 | <input type="checkbox"/> | |
| | SMA Althéra® | 450g tin | £0.47 | <input type="checkbox"/> | |
| | Milupa Aptamil Pepti 1® | 400g tin | £0.50 | <input type="checkbox"/> | |
| | Milupa Aptamil Pepti 2® | 400g tin | £0.50 | <input type="checkbox"/> | |
| | Nutramigen LGG 1® | 400g tin | £0.55 | <input type="checkbox"/> | |
| | Nutramigen LGG 2® | 400g tin | £0.57 | <input type="checkbox"/> | |

*Prescribe **2 tins initially** until compliance / tolerance is established.